



AYUR DESTINATION

TARIFF BOOKLET € 2026/27



Ayurvedam Sreenilayam – Tariff Ayurvedam Programs

Program Philosophy

All programs are personalised according to the individual Prakriti and Vikriti, following classical Ayurvedic principles to ensure safe, effective, and authentic treatments.

Program Durations & Tariffs (in Euros)

Standard Double Occupancy per person €142 per day (Per Room €284)

Program Duration	Total Package Price	Per Day Rate
14 Days	€1988	€142
21 Days	€2982	€142
28 Days	€3976	€142

Standard Single Occupancy per person €185 per day

Program Duration	Total Package Price	Per Day Rate
14 Days	€2,590	€185
21 Days	€3885	€185
28 Days	€5180	€185

Full-Board price without treatment Ayurvedam Sreenilayam

Double Occupancy	Single Occupancy
€110 per day Full-board AP (Breakfast, Lunch and Dinner)	€85 per day Full-board AP (Breakfast, Lunch and Dinner)

• 18% GST Extra

Program Inclusions

- Medication during the treatment only
- Accommodation in Standard Room
- Personalized Ayurvedam treatment plan
- Daily doctor consultation
- Prescribed therapies (Abhyanga, Swedana, Shirodhara, etc., as indicated)
- All meals according to Ayurvedic diet
- Use of Ayurvedam facilities as per treatment schedule
- Basic yoga and meditation sessions (if offered by the centre)
- International & domestic flights
- Airport transfers

Important Notes

- Prices are in Euros (€)
- Rates are per person
- Treatments are strictly medical and therapeutic, not spa-based
- Panchakarma procedures require a minimum stay of 14 or 21, 28 days, depending on the condition
- Extension of stay is subject to doctor recommendation and availability

Recommended Program Duration (Guideline)

- **7 Days:** Stress relief, rejuvenation, lifestyle reset
- **14 Days:** Detoxification, metabolic balance, mild chronic conditions
- **21 Days:** Classical Panchakarma, deep cleansing, dosha correction
- **28 Days:** Intensive healing, chronic disorders, long-term rejuvenation



AYUR DESTINATION



www.ayurdestination.com